Family Resource Network

**Purpose**

Family Resource Network (FRN) focuses on prevention and early intervention services for families and youth aged 0-18 years. Funded by Alberta's Ministry of Community and Social Services, FRN believes that as long as a child is safe, they can achieve their greatest potential within their family unit. FRN educates parents and caregivers about child development, provides social supports, and offers coping and problem-solving skills in order to build resiliency and success within families and communities.

Through a “hub and spoke” service delivery model, FRNs (hubs) coordinate delivery of all programs and services, which are accessed either directly through a hub or via collaborative partnerships and agencies (spokes). FRN offers programs geared towards early childhood development, child and youth development, parent education, family support, and home visitation. “Hubs” may deliver all services, coordinate independent “spoke” services, or empower “spoke” services to support more than one FRN “hub” throughout certain regions.

**Outcomes**

Using evidence-based and informed models, FRN employs a continuum of prevention and early intervention services to ensure that parents, caregivers, and children receive the care and tools they need to create strong family units, foster sense of belonging to a larger community, and thrive.

Program funded by:
Alberta’s Ministry of Community and Social Services

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**McMan’s Mission:**

To support and encourage individuals and families to achieve their full potential as members of their community.

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**Family Resource Network Hub & Spoke Services Locations:**

- Drumheller Hub
  - DrumhellerFRN
- Innisfail Hub
  - InnisfailFRN
- Lacombe Hub
  - LacombeFRN
- Red Deer Hub
  - RedDeerFRN
- Rocky Mountain House Hub
  - RockyMountainHouseFRN
- Stettler Hub
  - StettlerFRN
- Wetaskiwin Spoke Services
  - WetaskiwinFRNSpoke

**For more information:**

Call: 1 (877) 994-5465
Visit: McManCentral
Our Family Resource Network Services are available for all Albertans with children aged 0 – 18.

Services include:

**Early Childhood Development**

Early Childhood Development will serve families with children aged 0-6. Child activities will be directly related to: Fine Motor Skills, Gross Motor Skills, Communication Skills, Problem Solving Skills and Personal-Social Skills. Programs will include staff supervised Parent/Child Play; Developmental Screening Sessions with Ages and Stages Questionnaires; and Supported Play Sessions where collaborative partners (Occupational Therapists, Speech Pathologists) attend to assist parents with questions and strategies for improved developmental outcomes.

**Child and Youth Development**

Child and Youth Development will serve families with youth aged 7 – 18. Program examples are social skills groups, life skills groups, anger management groups, coping skills groups and youth leadership development.

**Parent Education**

Parent Education will serve families with children and youth aged 0-18. Parent education curriculums used are empirically supported and evidence based. Further examples of programming include Connect, Kids Have Stress Too, Triple P, Circle of Security and Active Parenting.

**Family Support**

Family Support will serve families with children and youth aged 0 – 18. Programming is intended to build parental/caregiver resiliency and is focused on the family unit to promote family wellness. Programs are flexible and goal oriented to fit each family’s specific needs with a focus on strengthening protective factors and reducing risk factors for all members of the family.

**Home Visitation**

Home Visitation will serve families with children aged 0-6. This program is designed to support families in providing a nurturing, stimulating and safe environment for their children from prenatal until the child turns six. Families with new babies participate in home visitation services by trained staff in a way that meets their specific needs.

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McMan Central is excited to receive your referrals for our new Family Resource Network Services. Please call 1-877-994-5465 to connect with one of our Networks.

Visit: McManCentral